

**S**t. John's Hospital's AthletiCare wants to help area schools enhance their physical education and related programs. Research shows physically fit children tend to perform better in school and maintain healthy habits throughout their lives.

To accomplish this goal, St. John's developed Team AthletiCare.

## Team AthletiCare Fund

Team AthletiCare is a fund to help area schools purchase items to make exercise fun.

Individuals can make a direct contribution to the fund or raise money in a variety of ways. One way is to seek sponsors when participating in a sports activity, such as a road race, distance walking or swimming event. The hours spent participating in the activity may also qualify as service hours for school or church.

Individuals may designate a school to receive the funds raised or may donate to the Team AthletiCare General Fund. St. John's is a not-for-profit organization, so all gifts are tax deductible to the full extent of the law.

**For more information about  
Team AthletiCare,  
send in the attached form  
or call (217) 744-PLAY.**



*A Division of the Hospital Sisters of St. Francis Foundation*

**Yes, I want to be part of Team AthletiCare**

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone number(s) \_\_\_\_\_

E-mail \_\_\_\_\_

School designated (opt.) \_\_\_\_\_

I'd like to contribute \$ \_\_\_\_\_.

Please send me a list of upcoming community athletic events and related activities I can participate in.

### For schools:

Please send me a Grant Application Form.

**Please mail this form to:**  
Friends of St. John's  
Hospital  
800 E. Carpenter Street  
Springfield, IL 62769

**Make checks payable to:**  
Friends of St. John's  
Hospital



The Team AthletiCare Fund is a partnership between AthletiCare, the sports medicine and performance program of St. John's Hospital and The Friends of St. John's Hospital.



**Team  
AthletiCare**



St. John's Hospital

744-PLAY

St. John's Rehab South  
3631 South Street Street  
Springfield, IL 62703  
[www.st-johns.org](http://www.st-johns.org)



**Team  
AthletiCare**

