



Watch for Wellness and You! Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Theme Cuisine items are prepared
at Lunch only Monday - Friday

Hours

Open - 6:00 am - 8:00 pm
Cold Breakfast Bar - 6:00 am - 10:15 am
Hot Breakfast - 6:00 am - 9:45 am
Salad bar - 10:45 am - 8:00 pm
Hot Lunch - 10:45 am - 2:00 pm
Innovations - 10:45 am - 2:00 pm M-F
Dinner - 4:00 pm - 8:00 pm
CLOSED - 8:00 pm - 12:30 am
Hot Overnight - 12:30 am - 3:00 am
CLOSED - 3:00 am - 6:00 am

Managers

Director of Food & Nutrition Services
Michael Sosa

Retail Manager
Katie Pavelko ext. 44892

Chef

Executive Chef
Ann Mottar ext. 44878



St. John's Hospital

Week of Monday November 16

Monday French Toast

Chefs Features: Tater Tot Casserole
Fried Chicken
Grill: Big Sky Burger
Soup: Pasta Fagioli 🍷
Cream of Chicken
Theme Cuisine: Chicken & Cheese Quesadilla with Salsa

Tuesday Hashbrown Casserole

Chefs Features: Chicken Parmesan
Chinese Pepper Steak 🍷
Grill: Grilled Reuben Sandwich
Soup: Forest Mushroom Bisque
Ham & Beans 🍷
Theme Cuisine: Fiesta Chili Bowl

Wednesday Sausage & Egg Quesadilla

Chefs Features: Golden Fried Catfish
Meat Tortellini 🍷
Grill: Cranberry Turkey Burger 🍷
Soup: Garden Vegetable 🍷🍷
Turkey & Black Bean Chili
Theme Cuisine: Chicken Taco Salad

Thursday Hashbrowns

Chefs Features: Stuffed Chicken Breast
Meatloaf
Grill: Buffalo Meltdown
Soup: Beer Cheese Chowder
Minestrone
Theme Cuisine: Seasoned Zesty Orange Chicken 🍷

Friday Pumpkin Whole Wheat Pancakes

Chefs Features: Lightly Seasoned Tilapia Fillet 🍷
BBQ Roast Pork
Grill: Fried Popcorn Chicken
Soup: New England Clam Chowder
Two Mushroom Barley 🍷
Theme Cuisine: Spicy Buffalo Chicken Wrap

Saturday Apple Streusel Coffeecake

Chefs Features: Beef, Macaroni & Tomato
Chicken Breast Sandwich w/Honey Mustard 🍷
Oven Roasted Herb Potatoes 🍷
Green Beans Amandine
Soup: Southern Vegetable Beef 🍷
Pizza: Sausage Pizza

Sunday Cinnamon Rolls

Chefs Features: Chicken Breast with Sherry & Mushrooms
Roast Beef
Whipped Potatoes 🍷🍷
Asparagus Cuts 🍷
Soup: Cream of Mushroom 🍷
Pizza: Pepperoni Pizza